

**FOR IMMEDIATE RELEASE**

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**Center for Autism and Related Disorders to Hold Parent Training Workshops in Eugene**

*Monthly workshops will educate parents about their child's autism diagnosis, the treatment of applied behavior analysis, and resources to help their child succeed.*

EUGENE, OR (Mar. 18, 2016) -- Center for Autism and Related Disorders (CARD) today announced a series of parent training workshops in the city of Eugene. Sponsored by CARD's Eugene center, the workshops will provide parents with an overview of autism and applied behavior analysis (ABA), the only scientifically validated treatment for autism spectrum disorder (ASD).

The monthly events will commence on Friday, April 8 and will occur every second Friday thereafter at the Hilyard Community Center, located at 2580 Hilyard St., Eugene, OR 97405. In addition to an introduction to ABA, other topics scheduled for discussion include managing your child's behavior, developing your child's communication skills, and understanding the resources available to families. To RSVP or for more information, contact the CARD outreach coordinator Eric Shannon, RBT, BCAT, by phone at 541-505-9398 or email at e.shannon@centerforautism.com.

The Eugene center is one of over 60 centers that provides services based on the CARD Model developed Dr. Doreen Granpeesheh, PhD, BCBA-D, founder and executive director of CARD. Dr. Granpeesheh has dedicated over 30 years to helping individuals with autism fulfill their potential and lead healthy, productive lives. Since its founding in 1990, CARD has helped thousands of individuals affected by autism and their families access the services and supports they need to fulfill their potential.

The Centers for Disease Control and Prevention (CDC) estimates that one in every 68 children in the U.S. is diagnosed with ASD, with one in 42 boys and one in 189 girls diagnosed. These 2014 figures represent a 30 percent increase since 2008, when the previous report was released. As the prevalence of ASD has increased, services for individuals with ASD have not always kept pace with demand. As a result, families affected by ASD may encounter challenges when trying to access quality treatment. The increase in autism diagnoses and the lack of resources available to families in many communities leave parents struggling to access the services that are crucial to their child's development. CARD strives to meet that need by continuously opening new offices throughout the country to provide top-quality ABA therapy across all populations.

**About Center for Autism and Related Disorders (CARD)**

CARD treats individuals of all ages who are diagnosed with autism spectrum disorder (ASD) at treatment centers around the globe. CARD was founded in 1990 by leading autism expert and clinical psychologist Doreen Granpeesheh, PhD, BCBA-D. CARD treats individuals with ASD using the principles of applied behavior analysis (ABA), which is empirically proven to be the most effective method for treating individuals with ASD and recommended by the American Academy of Pediatrics and the US Surgeon

General. CARD employs a dedicated team of nearly 2,000 individuals across the nation and internationally. For more information, visit [www.centerforautism.com](http://www.centerforautism.com) or call (855) 345-2273.

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