



Center for Autism and Related Disorders, Inc.

SYLLABUS: Effective Treatment of Sleep Problems for Children with ASD

Type 2 (Approved) Continuing Education Event

Date: Wednesday, October 28th, 2009

Location: CARD Rochester Conference

The Country Party House

321 E. Linden Ave.,

E. Rochester, NY 14445

Time: 11:10am – 12:00pm

Total Duration of Event: 50 Minutes

Number of Type 2 CE units: 1

Total Event fee per Participant:

\$75.00 for entire conference

Attendance Procedure:

Sign in and out of the event with the instructor in the room. Attendees entering over 5 minutes late or leaving more than 5 minutes early won't be able to sign in with the instructor. Participants need to attend the entire event. Partial credit cannot be granted.

Name(s) of Event Instructor(s):

Dennis Dixon, PhD

Dr. Dennis Dixon received his Ph.D. in Clinical Psychology from Louisiana State University with a focus in developmental disabilities. He completed a post-doctoral fellowship at the Johns Hopkins University School of Medicine and specialized in the treatment of severe challenging behaviors. The author of over 20 peer-reviewed articles and multiple book chapters, he currently serves on the editorial board of Research in Developmental Disabilities and Research in Autism Spectrum Disorders. He also serves as a frequent reviewer for the Journal of Mental Health Research in Developmental Disabilities. Dr. Dixon is a research manager at the Center for Autism and Related Disorders. In addition to his work at CARD he is also currently adjunct faculty at the School of Forensic Studies at Alliant International University and within the Applied Behavior Analysis program at The Chicago School of Professional Psychology. His research interests have focused on issues related to psychometric assessment, test construction, sleep disorders, and biomedical interventions for persons with intellectual disabilities.



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Description of Type 2 CE Event Content:

Sleep problems can have a broad impact on day-to-day functioning and quality of life. People with autism spectrum disorders are at a particularly high risk for developing sleep problems, with prevalence estimates much higher than is found in the general population. Further, symptoms of autism and sleep problems are often correlated, with sleep problems showing a relationship with autism severity and stereotypic behaviors. Many of the sleep problems experienced by children with ASD are behavioral in nature and respond well to behavioral interventions. This presentation will discuss origins of sleep problems, as well as scientifically supported treatments for sleep disorders.

Event is Designed For:

- Board Certified Behavior Analysts (BCBAS)
- Board Certified Associate Behavior Analysts (BCaBAS)
- Both BCBA's and BCaBA's

Event Covers the Following Behavior Analysis Content:

- Practice
- Theory
- Methodology