

**FOR IMMEDIATE RELEASE**

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**Center for Autism and Related Disorders Opens New Treatment Center in Chula Vista, CA**

*Joining over 60 other centers, Chula Vista is one of several new CARD locations that will provide treatment for individuals with autism.*

CHULA VISTA, CA (Apr. 18, 2016) – Center for Autism and Related Disorders (CARD) today announced the upcoming opening of its new treatment center at 891 Kuhn Drive, Suite 110, Chula Vista, CA. The center will officially open for business on Monday, April 18. Recognized as a global leader in the field of autism treatment, CARD specializes in applied behavior analysis (ABA) to treat individuals of all ages diagnosed with autism spectrum disorder (ASD). ABA is the only scientifically validated treatment for ASD, and research shows that it is most effective when delivered early and at a high level of intensity. The Chula Vista office becomes CARD's third location in San Diego County, joining locations in San Diego and San Marcos. CARD offers center-based services, home-based services, school-based services, vocational services, diagnostic and assessment services, and social skills groups for individuals of all ages with ASD. CARD creates individualized treatment plans for each patient tailored to his or her specific needs.

"We are excited to increase access to autism treatment in the South Bay area," said Ashley Malloian, CARD operations manager. "Our mission is to reach as many people diagnosed with autism as possible, and with this new center we are looking forward to seeing many new faces added to our CARD."

Chula Vista's center will include clinic rooms designated by age groups, a large playroom, and access to a private park just steps away from the suite and conveniently located near several businesses with family-based activities. Additionally, center-based, one-to-one therapy, extracurricular classes and monthly events for center attendees and parents.

The Chula Vista center is one of over 60 centers that provides services based on the CARD Model developed Dr. Doreen Granpeesheh, PhD, BCBA-D, founder and executive director of CARD. Dr. Granpeesheh has dedicated over 30 years to helping individuals with autism fulfill their potential and lead healthy, productive lives. Since its founding in 1990, CARD has helped thousands of individuals affected by autism and their families access the services and supports they need. The Centers for Disease Control and Prevention (CDC) estimates that one in every 68 children in the U.S. is diagnosed with ASD, with one in 42 boys and one in 189 girls diagnosed. These 2014 figures represent a 30 percent increase since 2008. As the prevalence of ASD has increased, services for individuals with ASD have not always kept pace with demand. As a result, families affected by ASD may encounter challenges when trying to access quality treatment. The increase in autism diagnoses and the lack of resources available to families in many communities leave parents struggling to access the services that are crucial to their child's development. CARD strives to meet that need by continuously opening new offices throughout the country to provide top-quality ABA therapy across all populations.

**About Center for Autism and Related Disorders (CARD)**

CARD treats individuals of all ages who are diagnosed with autism spectrum disorder (ASD) at treatment centers around the globe. CARD was founded in 1990 by leading autism expert and clinical psychologist Doreen Granpeesheh, PhD, BCBA-D. CARD treats individuals with ASD using the principles of applied behavior analysis (ABA), which is empirically proven to be the most effective method for treating individuals with ASD and recommended by the American Academy of Pediatrics and the US Surgeon General. CARD employs a dedicated team of nearly 2,000 individuals across the nation and internationally. For more information, visit [www.centerforautism.com](http://www.centerforautism.com) or call (855) 345-2273.

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